



### **Happy Socratic Seminar:**

Use the first three questions as models, and then create 3 additional *higher level thinking* questions (no “What if”, very short answer, or yes or no questions) about happiness.

1. The Declaration of Independence refers to the “Pursuit of Happiness.” Should we substitute the word “happiness” with another word like “joy” or “pleasure”? Why or why not?
2. If you could name *one* thing that contributes most to happiness, what would it be? Why?
3. Is it possible to be happy and extremely poor? Why or why not?
- 4.
- 5.
- 6.

*When in the Socratic Seminar, your objective is to utilize a combination of pathos, logos and ethos in your answers and argument. Use the remainder of the period to prepare arguments related to your opinions on happiness, utilizing pathos (an appeal to emotion and basic needs), logos (an appeal to structure, logic, researched facts, and reasoning), and ethos (and appeal to credibility and experts).*

*EX: Happiness belief statement: I believe that to be happy, we must make an effort to reach out to each other and love each other.*

*Pathos: By loving each other, we appeal to each others' basic needs to be loved and accepted. With hatred in the world, violence is increased, and fear surfaces.*

*Logos: Researched website:*

[http://greatergood.berkeley.edu/article/item/kindness\\_makes\\_you\\_happy\\_and\\_happiness\\_makes\\_you\\_kind](http://greatergood.berkeley.edu/article/item/kindness_makes_you_happy_and_happiness_makes_you_kind)

*Summary of website: A study was done in which participants were given a small amount of money, either to share with others or to keep. Studies found that people were happier when they shared.*

*Ethos: Published in **Clinical Psychological Science**, a journal of the Association for Psychological Science. helping others can relieve stress. Expert quotation:*

*“Our research shows that when we help others we can also help ourselves,” explains study author Emily Ansell of the Yale University School of Medicine. “Stressful days usually lead us to have a worse mood and poorer mental health, but our findings suggest that if we do small things for others, such as holding a door open for someone, we won’t feel as poorly on stressful days.”*

**Below, list your belief statement about happiness, and pathos, logos, and ethos to support this claim, as modeled above.**

**Pathos:**

**Logos:**

**Ethos:**