

Model A Analysis

1. Read through the essay as a whole.
2. Label and highlight in different colors the sentence parameters for the following:

For intro:

- Hook (how the author *engages* the reader)
- Background info (how the author *explains* the issue)
- Thesis (how the author *establishes* her viewpoint)

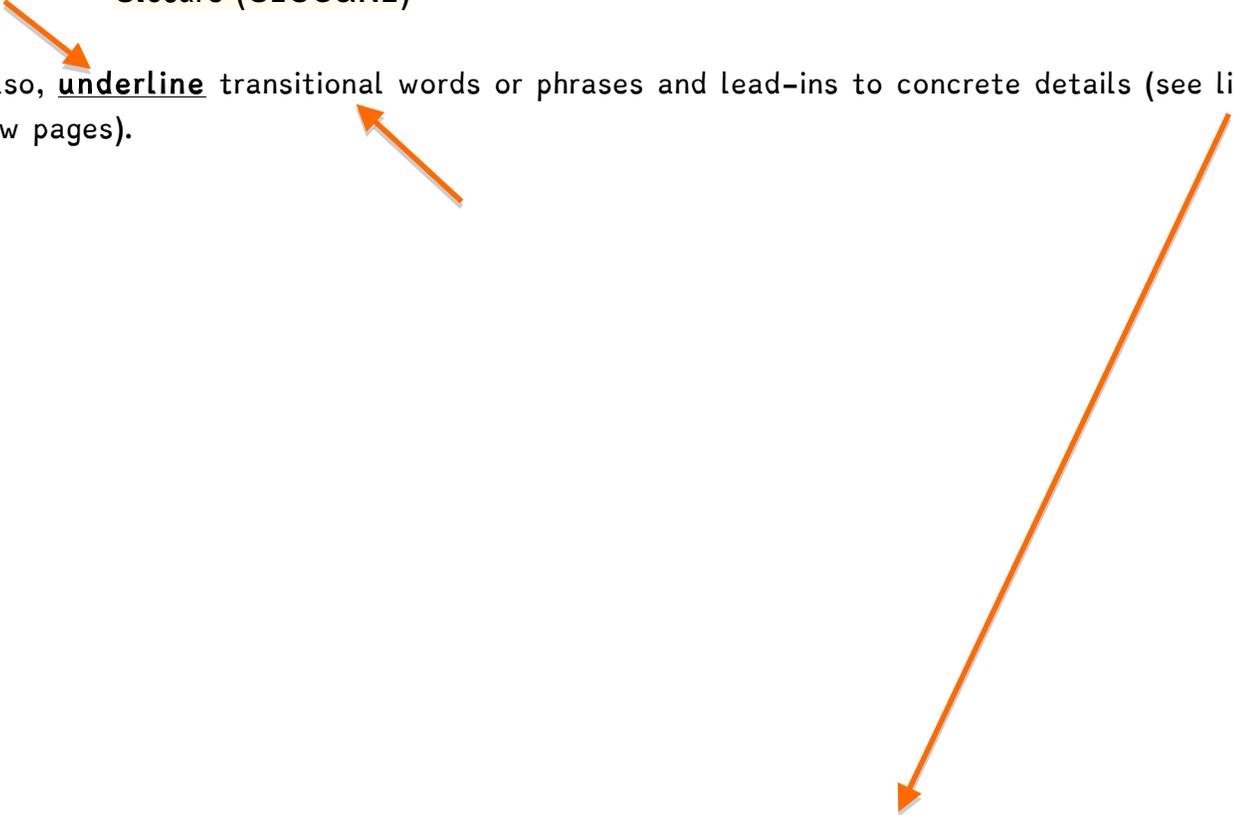
For an additional body paragraph, after the one I've modeled:

- Topic sentence (TS)
- Intro to fact/ idea, otherwise known as context (CX)
- Specific fact (CD) *and* indicate if it is a direct quote or paraphrase. *These are highlighted in gray for you.*
- Elaboration on fact, otherwise known as commentary (CM)
- Repeat the steps above the three bullets above (more CX's, CD's, and CM's) throughout the paragraphs
- Concluding sentence (CS)

For conclusion:

- Rephrased thesis (R Th)
- Summary of ideas (SM)
- Call to Action (C to A)
- Closure (CLOSURE)

Also, underline transitional words or phrases and lead-ins to concrete details (see list on next few pages).



Transition Words and Phrases that Appear in My Essay (in no particular order)

1. Thus
2. This (appears 4x)
3. Because the argument that people can survive well on less sleep is faulty
4. However (appears 4x)
5. As previously alluded to
6. Not only . . . but . . . also (occurs spread out within one sentence; highlight each separate word)
7. Eight hours of sleep (when this amount is mentioned in the sentence directly before it)
8. The first major reason
9. Despite such valid arguments
10. The same drivers of these cars (this alludes to an idea from the previous sentence)
11. For these reasons
12. These (as it stands alone)
13. During
14. What is significant about this
15. Even though
16. In some cases
17. Without adequate sleep
18. Such commodities
19. Indeed
20. In fact (2x)
21. Sleep cycle (when this same phrase is mentioned in the sentence before it)
22. Interestingly
23. Initially
24. "metabolism" (when this same word is mentioned in the sentence before it)
25. In other words
26. Moreover
27. Additionally
28. On the other hand
29. Another significant reason
30. Of course
31. Sleep (when the phrase "latter half of sleep" is mentioned in the sentence before it)
32. Regardless of the reasons
33. Not only this, but
34. If (when it begins at the beginning of a sentence)

Lead-in to Quotations

I've included 9 specific quotations and/or paraphrases. Four are blended with my own words, but still read cleanly and smoothly. Five have lead-ins. Find these, and highlight as well.

1. According to a 2014 Gallup Poll
2. According to the Sleep Health Foundation,
3. According to UC San Francisco researchers
4. He goes on to say that
5. According to Daniel J. Byusse,